



– A Timbers Resort –

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## **Bodies and Mind Bloom at The Sebastian – Vail Spa**

**VAIL, Colo. – Summer 2017** – No getaway is complete without a little pampering. With treatments inspired by Colorado’s fresh air and exquisite natural beauty, [Bloom Spa](#) at [The Sebastian – Vail](#) boasts wellness as well as luxury.

The menu includes the essentials – hot stone massages and an array of facials, scrubs and wraps, but with a mountain twist designed to calm or invigorate the body and mind. Organic and anti-inflammatory treatment remedies include Himalayan sea salt stones, cane sugar and macadamia nut crème, seaweed body butter, spice-infused chai soy mud, ginger root, and green and white tea.

The diverse array of services are designed to indulge all guests, whether they’re coming off a day on the trails or taking a break from lounging poolside. The Oxygen Inhalation Therapy is a 10-minute energizer and stamina booster while the Body Recovery Massage relieves tired and taxed muscles. The Sinus Soother Massage and Eye Rejuvenation treatment helps alleviate the harsh effects of everyday life.

On the indulgent side, the Signature Pedicure includes a warm milk bath and choice of color from a line of hypoallergenic, non-toxic, vegan polishes. The Crazy Mountain pedicure includes a footbath in pale ale and beer of choice, while the Wine Down Pedicure includes a glass of wine and antioxidant serum made from grapes.

Guests of the spa also can take advantage of the pools, hot tubs, steam room, sauna and fitness center, where private yoga and personal training sessions are available.

For more information or to book an appointment, call 800.724.6535 or visit [TheSebastianVail.com](http://TheSebastianVail.com).

### **About The Sebastian - Vail**

The Sebastian - Vail – A Timbers Resort and member of Preferred Hotels & Resorts, debuted in January 2011 as Vail Valley’s newest boutique hotel and private residence club. Timbers Resorts serves as operator and manager and brings its experience and cachet to this special property, adding its trademark touches to the 84 luxury hotel rooms, 16 executive suites, 7 residential suites and a 36-residence Private Residence Club.

A boutique property brimming with character, The Sebastian - Vail is infused with a strong sense of place while offering a modern sophistication to Vail Village. Highlights include the haute bistro and tapas bar Leonora, the chic and progressive Frost bar, the full-service Bloom Spa and a mountain-view pool with four steaming hot tubs. Base Camp is The Sebastian's year-round slopeside adventure center for ski-in, ski-out access to Vail Mountain in the winter and bike rentals and outdoor activities in the summer. For more information, visit [www.TheSebastianVail.com](http://www.TheSebastianVail.com).

### **About Timbers Resorts**

Timbers Resorts is the developer and operator of a collection of properties in over 16 of the world's most diverse high-end destinations. A portfolio known as the Timbers Collection, destinations include boutique, private resorts, hotels and residence clubs in ski, golf, leisure and beach locations. Since 1999, Timbers Resorts has been committed to being authentic, unique and respectful of the destination, focusing on family and experiences, and never compromising with regard to quality and service. Owners at properties in the Timbers Collection are granted an ownership experience with expanded benefits through a host of travel and lifestyle partners such as Sentient Jet, Hertz and more, as well as access to the Timbers Reciprocity Program and the ability to trade vacation time with other destinations in the portfolio. Current Timbers Collection properties can be found in Aspen, Beaver Creek, Cabo San Lucas, Florida, Kauai, Kiawah Island, Maui, Napa, Scottsdale, Snowmass, Sonoma, Southern California, Steamboat Springs, Tuscany, U.S. Virgin Islands and Vail. For more info, please visit [www.timbersresorts.com](http://www.timbersresorts.com), [www.facebook.com/timbersresorts](https://www.facebook.com/timbersresorts), [www.twitter.com/timbersresorts](https://www.twitter.com/timbersresorts) and [www.pinterest.com/timbersresorts](https://www.pinterest.com/timbersresorts)

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