



PRIVATE YOGA

Personalized instruction can elevate your practice, whether you're experienced or just beginning.

Throughout your tailored experience, your private instructor can help you understand yoga basics, gain confidence, master difficult postures, learn modifications for injury or recovery and more.

ONE-HOUR SESSIONS

\$150 | 1 - 3 people

\$200 | 4 - 6 people

\$250 | 7 - 10 people

To inquire about availability for you or your group, please contact Bloom Spa at 970.477.8060.